



Berkeley Aquatic Club

Age Group Coaches' Bulletin

March 11-17



Thursday	3/11	March Schedule
Friday	3/12	March Schedule
Saturday	3/13	11-12 Silver Bronze Champs *Boys- 6:45 am Check in *Boys 400 IM- 10:30 am Check in *Girls- 11:30 am Check in *Girls 400 IM- 5:15 pm Check in Practices as per schedules
Sunday	3/14	11-12 Silver Bronze Champs *Boys- 6:45 am Check in *Boys 500 free- 10:30 am Check in *Girls- 11:30 am Check in *Girls 500 free- 5:15 pm Check in
Monday	3/15	March Schedule
Tuesday	3/16	March Schedule
Wednesday	3/17	March Schedule

Other Information

Outlook for Next Week- March 18-24

This is subject to change!

***Please check in with a BAC coach no later than 15 minutes prior to warm up at swim meets! If you do not check in, you WILL be scratched!**

***Take Your Marks (TYM) Group Sessions:**
 January 04, 2010 through March 11, 2010
 April 05, 2010 through July 27, 2010

*Practices resume Monday, April 5!

Thurs 3/18	March Schedule
Fri 3/19	NJ Junior Olympics
Sat 3/20	NJ Junior Olympics
Sun 3/21	NJ Junior Olympics
Mon 3/22	
Tues 3/23	
Weds 3/24	